# **PSCHE POLICY**

### Introduction

# **PSCHE Curriculum Intent, Implementation and Impact Overview**

At Scawsby Junior Academy, we provide our pupils with a diverse, inspiring and challenging PSHE curriculum that is accessible to all enabling children to develop confidence, resilience and a sense of achievement to maximise the outcomes for every child so that they know more, remember more and understand more. As a result of this, they will become healthy, independent and responsible members of a society who understand how they are developing personally and socially, and give them confidence to tackle many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. School has identified key intentions that drive our PSCHE curriculum and this is delivered through the JIGSAW scheme of learning.

At Scawsby Junior Academy, our PSCHE curriculum intentions are:

| Intent                                   | Research Link                     | Implementation                               | Impact                      |
|--|-----------------------------------|--|-----------------------------|
| Intention 1:                             |                                   |  |                             |
| Our intention is that when children      | PSCHE Association evaluated       | PSHE is taught through a clear and           | By the time our children    |
| leave Scawsby Junior Academy, they       | research 'A case for PSCHE'       | comprehensive scheme of work in line with    | leave our school they will: |
| will do so with the knowledge,           | indicates that PSCHE when         | the National Curriculum. We ensure we cover  | Be able to demonstrate a    |
| understanding and emotions to be         | taught well - helps keep children | the Health and Well-Being, Relationships and | healthy outlook towards     |
| able to play an active, positive and     | and young people safe,            | Living in the Wider World Learning           | school                      |
| successful role in today's diverse       | physically and emotionally        | Opportunities set out in the PSHE            | Attendance will be at least |
| society. We want our children to have    | healthy and prepared for life and | Association's Programme of Study, which      | in-line with national and   |
| high aspirations, a belief in themselves | work. PSCHE Association           | comprehensively covers the statutory Health  | behaviour will be good      |
| and realise that anything is possible if | evaluated research 'PSCHE,        |  |                             |

they put their mind to it. In an ever—changing world, it is important that they are aware of different factors, which will affect their world, and that they learn how to deal with these so that they have good mental health and well-being.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills, which will enable children to access the wider curriculum and prepare them to be global citizens now and in their future roles within a global community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life. Our Relationships and Sex Education enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives.

#### Intention 2:

To build a PSCHE curriculum that incorporates the understanding of RSE so that children know more,

Academic Attainment and Employability' indicates that growing evidence to suggest that the skills and attributes acquired through PSCHE education have a significant impact on pupils' academic achievement, employability and future life chances.

Education and Relationships Education guidance.

Pupils are taught PSHE using 'Jigsaw' which is a spiral, progressive scheme of work, covering all of the above and 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'. There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus.

At Scawsby Junior Academy, in addition to Relationships Education, we also teach aspects of Sex Education that is covered in our Science Curriculum. Alongside this, we teach about different kinds of relationships, including same sex relationships and gender identity because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain. The Sex Education aspects of PSHE are also taught through the 'Jigsaw' scheme of learning.

PSCHE Association evaluated research 'Effective Prevent education' in partnership with Child Exploitation and Online

Parent Engagement and Right to Withdraw
DfE Guidance p17 states "Parents have the
right to request that their child be withdrawn
from some or all of sex education delivered as

Be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life Be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society Appreciate difference and diversity Recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty Be able to understand and manage their emotions Be able to look after their mental health and wellbeing Be able to develop positive, healthy relationship with their peers both now and in the future. Understand the physical aspects involved in RSE at an age appropriate level Have respect for themselves and others.

remember more and understand more. As a result, children will know how to be safe and to understand and develop healthy relationships both now and in their future lives.

To design, and resource, an RSE programme of work within the PSCHE curriculum which enables pupils to explore the complexity of the relationships they will have both now and throughout their lives.

Protection Centre (CEOP), outlines 11 key principles of effective practice in prevention education and the positive impact of these been addressed in school.

part of statutory Relationships and Sex Education"

At Scawsby Junior Academy, puberty is taught as a statutory requirement of Health Education as part of our 'Changing Me' puzzle in the Jigsaw Scheme of Learning. Parents have the right to request their child be withdrawn from the PSHE lessons that explicitly teach Sex education i.e. the Jigsaw Changing Me Puzzle (unit) e.g. Year 4, Lesson 2 (Having a baby) Year 5, Lesson 4 (Conception) Year 6, Lesson 3 (Conception, birth). Parents have the right to withdraw their children from aspects of sex education that are not included in the Science curriculum. Should a parent wish to withdraw a child from all or part of the Sex Education programme, they should meet with the Head teacher to discuss this and put their decision in writing, making it clear which aspects of the curriculum they do not wish their child to participate in. Relationships Education, Science and Religious Education is a statutory part of the school's curriculum therefore, parents may not withdraw from these lessons.

Have a positive body image and self esteem

The large majority of children will achieve age related expectations across the wider curriculum in addition to the core subjects.

PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time (at their own level):

Autumn 1: Being Me in My World Autumn 2: Differences (including antibullying) Spring 1: Dreams and Goals

Spring 2: Healthy Me
Summer 1: Relationships

**Summer 2: Changing Me (including Sex** 

**Education**)

It also identifies links to British Values, and SMSC (Spiritual, Moral, Social and Cultural) and is taught in such a way as to reflect the overall aims, values, and ethos of the school and our RESPECT Values.

## Wider Curriculum

We believe that focusing on developing a 'Growth Mind-set' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mind-sets in all aspects of school life. PSHE, including SMSC and BV, is an integral part of the whole school curriculum, and is therefore, often taught within another subject area.

Visitors such as emergency services, British Red Cross and the school nurse complement our PSHE curriculum to offer additional learning. We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. Children are offered the chance to become members of our Junior Leadership Team (JLT) using a voting system following British Values. We challenge all of our pupils to look for opportunities to show the school's RESPECT Values within their daily school life.

Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.

PSHE and BV displays throughout school reinforce the PSHE curriculum enabling children to make links.

Parent Consultation: Parents are informed of the content of the PSHE and RSE programme of work during the class transition meetings, planned information sessions, and further support / clarification will be given if required. Drop-in sessions are available and will be delivered by the PSHE Lead if requested.

# <u>Pedagogy</u>

In PSCHE, like all other subjects, we recognise the importance of the methods and practice of teaching (the pedagogy) we choose to use in enabling pupils to know more, understand more and remember more. In PSCHE, the following approaches will be used, and be evident in pupil discussion, observations and work in books, in order to ensure that the PSCHE learning opportunities are as effective as possible and that pupils progress throughout the year and across year groups during their art experiences in school:

| in pupil discussion, observations and work in books, in order to ensure that the PSCHE learning opportunities are as effective as possible and that pupils progress throughout the year and across year groups during their art experiences in school: |   |  |  |  |  |  |  |
|--|---|--|--|--|--|--|--|
|  |   |  |  |  |  |  |  |
|  | Step 7 - Individual reflection on the learning that has taken place |  |  |  |  |  |  |

| Revision Date  | Revision Version | Previous Revision Date | Previous Version | Summary of Changes |
|----------------|------------------|------------------------|------------------|--------------------|
| September 2020 | New policy       | -                      | -                | New policy         |
| March 2023     | Updated          |                        |                  |                    |
|                |                  |                        |                  |                    |
|                |                  |                        |                  |                    |